



TREATMENT GUIDELINES



Congratulations on choosing the Invisalign Treatment.
You're on your way to smiling with complete confidence!

We're sure you will be happy with your decision, and are here to assist you through the process and answer any questions along the way. But the best part is, the Invisalign straightening process does not impact your lifestyle!

In fact, one of the best things about Invisalign is the minimal impact it has on your everyday life. Since the aligners are so comfortable, you should be able to wear them for the recommended 20 to 22 hours a day without much effort.

And, Invisalign doesn't slow you down. The aligners are easily removable, so you can continue to brush and floss your teeth as you normally would. Simply pop out the aligners, brush & floss and pop them back in. Cleaning your aligners is just as easy, you simply brush and rinse them in lukewarm or cold water.

That's it! Achieving a great smile couldn't be easier!

You'll also remove the aligners each time you eat. This means you can continue to eat all the foods you love without any restrictions or worrying about food getting stuck in wires and brackets. With other teeth-straightening methods, the simple act of eating can often be troublesome.

Your bedtime routine can continue as before, with the simple addition of cleaning your aligners. And you won't be struggling with the time consuming task of trying to floss and brush in between brackets and wires!

And, if you're active in contact sports, Invisalign allows you to continue wearing your aligners without having to worry about any sharp brackets cutting your mouth. If your sport requires wearing a protective mouth guard, simply remove your aligners and you're good to go!